



MYCONIAN  
DEOS



A MYCONIAN  
COLLECTION HOTEL



THE SET



A place of timeless beauty and tranquillity poised above Mykonos Town, Deos offers magnificent views that sweep from Chora across the neighbouring islands to the endless horizon.

The terraced architecture follows a contemporary Cycladic line, intimately attuned to the landscape, enhancing its connection to nature through elements such as rustic walls crafted from locally quarried stone, rich plantings of native flora, and scenic apertures that frame the views.

The destination spa is a sanctuary of pure relaxation, featuring a pool, steam room and sauna, complemented by expert treatments.



Our curated menu of treatments combines expert techniques with advanced products at the cutting edge of skincare innovation. These draw on the wealth of the sea, and botanicals that have proven potent since antiquity.

As your skin and wellbeing lie at the heart of what we do, we have selected the world's leading brands to support our therapies:

**ELEMIS** is available only at selected exclusive spas internationally and offers a premium range of groundbreaking formulations that deliver visible, results-driven benefits.

**AUGUSTINUS BADER** is an eponymous skincare brand developed by a pioneering biomedical scientist, has garnered over one hundred coveted industry awards and is powered by applied science of the highest calibre.

**LIGNE ST. BARTH** presents a distinctive collection of elixirs and lotions, crafted in its laboratory in St. Barthélemy. Harnessing botanicals derived from endemic plants, fruits and flowers, its products transport the senses to their Caribbean origins.

Elemis and Augustinus Bader treatments are exclusive to the Myconian Collection Spas on Mykonos.



### THE DEOS SMOKING SPA RITUAL

Unlock profound benefits for your inner wealth and embark on a sensory voyage that begins with a ceremonial herbal smoking and deep-breathing session, setting the pace for the rejuvenating journey ahead.

A luxurious full-body exfoliation follows, using sea salt infused with fragrant frangipani flowers to prepare the skin for the holistic massage experience to come. With skilful hands and a medium-pressure technique, our expert therapists apply a harmonious blend of essential oils, easing tension in both body and mind as you drift into a cocoon of relaxation that transcends time and space.

This ritual not only nurtures the body but also pays homage to the rich heritage of herbal blends valued across cultures and throughout history. Let the echoes of tradition and the restorative power of nature guide you to a place of deep serenity, leaving you not only relaxed but profoundly grounded.

Your experience concludes with a head and scalp massage, ensuring every part of your being is enveloped in complete tranquillity and renewal.

**120 mins – €260 per person**

### THE DEOS SUNRISE OR SUNSET SPA RITUAL

Boost your inner radiance with our Sunrise Spa Ritual or embrace the serenity of twilight with our Sunset Spa Ritual - each is an intimate journey inspired by the gentle transitions of dawn and dusk that guide Circadian rhythms and the body's process of renewal.

Your experience begins with an invigorating foot cleansing ritual, followed by the sublime Shell Chill-Out Full Body Massage. Rhythmic, flowing movements ease tension, soothing the senses and enveloping you in a state of deep tranquillity.

The journey continues with an Express Glowing Facial, designed to restore luminosity and leave your skin feeling refreshed and revitalised.

A luxurious head and scalp treatment completes the ritual, ensuring every part of your being is nurtured and renewed. More than a spa experience, this is a moment of profound reconnection — an invitation to restore balance and awaken your inner harmony.

**120 mins – €260 per person**



### GENIUS SUPER LIFTING FACIAL

Clinically proven intelligent skincare regimen with a triple-action approach that yields transformative results. With a focus on deep-set wrinkles for maximum facial rejuvenation and hydration, the skin will feel smoother, firmer, more resilient and radiant after just one treatment.

**75 mins – €170**

### HYDRATING PRO-COLLAGEN FACIAL

Powerful resurfacing technology lifts away dead skin cells to renew and refine the complexion, enhancing skin tone and luminosity. The skin is then prepared for an infusion of hydration that helps to double its moisture levels, leaving it plump, smooth, and deeply hydrated, with a firmer, more supple complexion after just one treatment.

**60 mins – €160**

### RADIANCE & GLOW VEGAN FACIAL

Turn up the brightness with a triple cleanse that melts away makeup, daily pollutants, and impurities. Gentle resurfacing dissolves dead skin cells to reveal a clearer, healthier-looking complexion. A blend of facial oils enriched with superfoods and powerful antioxidants deeply hydrates, nourishes, and protects the skin.

The result is a fresh, radiant glow, with skin that feels revitalised and luminous. A vegan-friendly facial designed for instant radiance.

**30 mins / 60 mins – €80 / €160**

#### **Enhancements:**

Microcurrent – 10 mins / €25  
Cryo-Thermal – 10 mins / €25  
Light therapy – 10 mins / €25



### "THE GLOW" METHOD FACE BY AUGUSTINUS BADER

The Method Glow Facial by Augustinus Bader is a science-backed treatment that acquaints the skin with the award-winning power of Professor Bader's TFC8® cell renewing complex. A personalised ritual of hero formulas is used to boost hydration and cellular communication, promote circulation, firm tone and refresh the complexion. This tailor-made layering of products delivers immediate, visible benefits.

**55 mins – €190**

### "THE ULTIMATE" METHOD FACE BY AUGUSTINUS BADER

The Method Ultimate Facial by Augustinus Bader is a one-of-a-kind, sophisticated skincare treatment developed to boost cell communication and support the body's innate biological wisdom of self-healing and regeneration. The method supports cell activity, which is responsible for balanced hydration, firmness, an even pigmentation and strengthening the skin barrier to fight against intrinsic and extrinsic aggressors. This synergy delivers highly targeted stimulation, triggering a sequence of individualized regenerative processes. This complete version of The Method includes both a Hand & Arm and a Head & Scalp massage.

**85 mins – €230**



### MUSCULAR RELIEF DEEP TISSUE MASSAGE

This is a vigorous workout for the body, perfect for alleviating high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your needs, ranging from muscle pain, stress relief, pure relaxation, or emotional balance. It's as effective as an hour's stretching but so much more nurturing.

**25 mins / 55 mins / 85 mins**  
**€85 / €150 / €180**

### CBD GROUNDING MASSAGE

This massage helps ease inflammation, aiding the body's recovery and promoting overall relaxation. The CBD compound applied to the skin through the massage oil activates receptors in the brain which in turn stimulate the body's natural system that support the immune system and general well-being.

**55 mins / 85 mins – €140 / €170**

### FOOT MASSAGE WITH EYE THERMAL MASSAGE

This relaxing foot massage focuses on reflexology points, helping to ease fatigue and a feeling of heaviness from the base of your body. At the same time, we treat you to an Eye Thermal Massage using the Therabody Smart Goggles. It's the ideal treatment after prolonged sitting or standing and will leave you feeling overall lighter and more balanced.

**30 mins – €85**

### FRANGIPANI HEAD, NECK & SHOULDER MASSAGE

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. It will either make you float like a butterfly or sting like a bee - you choose.

**30 mins – €80**

### HOT STONE BACK MASSAGE

Balinese stones soaked in the intensely moisturising Frangipani Monoi Body Oil are rhythmically worked over the back area and deep into the muscles, releasing energy blockages in areas of tension. This is followed by a facial Gua Sha Massage which assists to drain any excess toxins and reveal the brightest skin you have ever had.

**30 mins – €85**

#### Enhancements:

Theragun Percussive Therapy  
10 mins / €10



### BODY EXFOLIATION

Fragranced salt with frangipani or lime and ginger essences will gently slough away dead skin cells, encouraging the regeneration of new cells and leaving a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. The perfect choice to even out a suntan.

**30 mins – €85**

### ELEMIS CELLUTOX SEAWEED DETOX & CELLULITE WRAP

Detoxify and kick-start your body. Let your thoughts drift while cocooned in a comforting wrap of rich marine algae and detoxifying juniper and lemon essences. Enjoy a facial massage and a de-stressing scalp treatment or a soothing foot massage. This wrap can help refine the appearance of cellulite and relieve the discomfort of fluid retention.

**75 mins – €140**

### PEACEFUL PREGNANCY MASSAGE

Tried and tested safe massage techniques are combined and adapted to each stage of pregnancy, relieving tension in the lower and upper back, as well as alleviating swelling of the hands and feet.

**60 mins – €150**

### ST. BARTH SHELL CHILL-OUT MASSAGE

A relaxing body treatment with cold-pressed avocado oil relieves muscle tension, alleviates stress, stimulates tissue metabolism and lymph flow, as well as promoting blood circulation thanks to the calcium content of the shells, resulting in a firm, healthy skin texture.

**55 mins / 85 mins – €150 / €180**

#### Enhancements:

Theragun Percussive Therapy  
10 mins / €10

### NAILS & BEAUTY SERVICES

Polish Change: **15 mins – €20**

Manicure: **45 mins – €45**

Pedicure: **50 mins – €55**

Foot Scrub & Mask: **15 mins – €20**

Soak Off Gel Manicure: **60 mins – €65**

Soak Off Gel Pedicure: **60 mins – €75**

Soak Off Gel Removal: **25 mins – €25**

Soak Off Polish Change: **25 mins – €30**

Opening hours	Open daily 10:00 am to 8:00 pm
Reservations	For spa enquiries or reservations please press the “spa” button on your telephone display. Advance bookings are recommended to secure your preferred treatment time.
Prior to your visit	We recommend that you leave all jewellery and valuables in your room safe before coming to the spa. The spa will not be held responsible for valuables lost within the spa.
Arrival	Please arrive 20 minutes prior to your treatment to complete your health assessment form. You may even want to come earlier, to spend time in our relaxation area which includes a marble pool, a steam room, and a sauna. You will be provided with a robe and slippers to wear in the spa area, and a private locker will be placed at your disposal to store your personal belongings.
Consultation	Personal consultations are offered to determine your specific skin needs and to enable us to tailor your treatment experience or propose a more comprehensive spa schedule.
Late arrivals	Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in the event of your late arrival.
Cancellations	Please allow 12 hours' notice on individual treatments and 24 hours' notice on spa packages, after which 50% of the treatment price will be charged. Failure to keep your appointment will result in a 100% treatment charge.
While at Sana	Out of consideration for other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please also be aware of the volume of your voice.
Payment	For hotel guests, all treatments can be charged to your room folio and will appear on your final account at the time of your departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.
Children	While we love children, we recommend that you avoid bringing children under 11 years of age to the spa. Young guests between 12-17 years old are welcome to enjoy a selection of treatments under the supervision of a guardian.
Gym policies	For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.
Hygiene & safety	At the Myconian Spas we follow all necessary protocols and procedures to give you the peace of mind you need when enjoying a treatment in our facilities.