

sana

WELLNESS SPA

Menu



Introducing Deos

A place of timeless beauty and tranquillity, poised above Mykonos Town with magnificent views that extend across Chora to the neighbouring islands and the infinite horizon.

The terraced architecture adopts a contemporary Cycladic line that intimately follows the scenery, enhancing its connection to nature with accents such as the rustic walls made from rocks quarried on site, rich planting of native flora, and scenic apertures that frame the views.

Its destination spa is a sanctuary for pure relaxation, with a pool, steam room and sauna, complemented by a menu of expert treatments.



Our products

Our curated menu of treatments combines expert techniques with active skincare products at the cutting edge of beauty. These draw on the wealth of the sea, and botanicals that have proven potent since antiquity.

As your skin and wellbeing lie at the heart of what we do, we have chosen the world's leading brands to support our therapies:

ELEMIS is only available at selected exclusive spas internationally and offers a premium range of ground-breaking formulas that deliver real results.

AUGUSTINUS BADER is an eponymous skin care brand that has garnered an unprecedented 105 coveted awards in the industry, developed by a biomedical scientist and backed by applied science of the highest calibre.

LIGNE ST. BARTH offers a prized range of elixirs and lotions which are exclusively produced in the laboratory of St. Barthelemy, transporting the senses to the Caribbean paradise from which its active botanicals are harvested from endemic plants, fruits and flowers.

Elemis and Augustinus Bader treatments are exclusive to the Myconian Collection Spas on Mykonos.



The Sana VIP Rituals for Two

The Deos Smoking Spa Ritual

Unlock profound benefits for your inner wealth and embark on a sensory voyage that begins with a ceremonial herbal smoking and deep-breathing session, setting the pace for the rejuvenating journey ahead.

As a prelude, a luxurious full-body exfoliation using sea salt infused with fragrant frangipani flowers prepares your skin for the holistic and soothing massage experience that follows. With skilful hands and a medium pressure technique, our expert therapists will apply a harmonious blend of essential oils, ensuring that tensions of both muscle and mind melt away as you drift in a cocoon of relaxation that transcends time and space.

This ritual not only caters to your body's needs but also pays homage to the rich heritage of essential herbal blends that have proven effective across cultures and throughout human history. Let the echoes of tradition and the soothing secrets of nature guide you to a place of serenity, leaving you not just relaxed but profoundly grounded. Complete your experience with a Head & Scalp finishing massage, ensuring that every part of your being is enveloped in tranquillity and rejuvenation.

120 mins - €260 per person

The Deos Sunrise or Sunset Spa Ritual

Boost your inner radiance with our Sunrise Spa Ritual or embrace the serenity of twilight with our Sunset Spa Ritual - each is an intimate journey inspired by the gentle transitions of dawn and dusk that guide Circadian rhythms and the body's process of renewal.

Commence your experience with an invigorating foot cleansing ritual, followed by the sublime Shell Chill-Out Full Body Massage. Feel the tension melt away as the rhythmic strokes soothe your senses and envelop you in blissful tranquillity. Following the massage, treat your skin to a radiant glow with our Express Glowing Facial, tailored to leave you feeling refreshed and rejuvenated.

Conclude your journey with a luxurious Head & Scalp Treatment, ensuring that every aspect of your being is nurtured and revitalized. More than a spa ritual, more than a pampering session; it's a profound internal dialogue, an invitation to renew your spirit from within.

120 mins - €260 per person



Face Treatments by Elemis

Enhancements:

Microcurrent
10 mins / €25

Cryo - Thermal
10 mins / €25

Light therapy
10 mins / €25

Genius Super Lifting Facial

Clinically proven intelligent skincare regimen with a triple-level approach that yields transformative results. With a focus on deep-set wrinkles for maximum facial rejuvenation and skin hydration, the skin will feel smoother, more resilient, firmer, and more radiant after just one treatment.

75 mins - €170

Hydrating Pro-Collagen Facial

Powerful resurfacing technology lifts away dead skin cells to renew and refine, improving the appearance of skin tone and luminosity. The skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, with a firmer and supremely smoother complexion after just one treatment.

60 mins - €160

Resurfacing & Smoothing Facial

Purify and brighten the skin's texture with a facial which focuses on enlarged pores, blemishes, and blackheads. This unique facial supported by a patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

60 mins - €160

Radiance & Glow Vegan Facial

Turn up the brightness with a triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves dead skin cells to reveal healthy and clearer-looking skin. Facial oils with a fusion of superfoods and rich antioxidant ingredients plump the skin with moisture, while helping to nourish and protect. Immediately displaying a fresh glow, the skin is left feeling radiant and healthy. A Vegan Friendly Facial for an immediate glow.

30 mins / 60 mins - €80 / €160

Refreshed Eyes & Plumped Lips

A powerful treatment for the eye & lip area that leaves the eye contour feeling hydrated, refreshed, and rejuvenated. Assists in ironing out fine lines and wrinkles, as well as to combat fatigue signs such as dark circles and puffiness. Lips are thoroughly exfoliated using a sugar lip polish and hydrated with a special ointment to give the lips a plumped and fuller looking appearance.

25 mins - €75



Face & Body by Augustinus Bader

"The Glow" Method Face by Augustinus Bader

The Method Glow Facial by Augustinus Bader is a science-backed treatment that acquaints the skin with the award-winning power of Professor Bader's TFC8® cell renewing complex. A personalised ritual of hero formulas is used to boost hydration and cellular communication, promote circulation, and firm, tone, and refresh the complexion. This tailor-made layering of products delivers immediate, visible benefits.

55 mins - €230

"The Ultimate" Method Face by Augustinus Bader

The Method Ultimate Facial by Augustinus Bader is a one-of-a-kind, sophisticated skincare treatment developed to boost cell communication and support the body's innate biological wisdom of self-healing and regeneration. The method supports cell activity, which is responsible for balanced hydration, firmness, an even pigmentation and strengthening the skin barrier to fight against intrinsic and extrinsic aggressors. This synergy delivers highly targeted stimulation, triggering a sequence of individualized regenerative processes. This complete version of The Method includes both a Hand & Arm and a Head & Scalp massage.

85 mins - €270

The Method Body by Augustinus Bader

This unique professional treatment leverages The Method by Augustinus Bader for the body. It is a sophisticated, customized skincare protocol drawing on the award-winning proprietary TFC8 renewal complex to firm up, soothe and rejuvenate the body. The experience includes a superficial fascia massage to activate the tissue metabolism and stimulate cellular communication and repair. The entire body is enveloped in a luxurious layer of The Body Cream, one of Augustinus Bader's hero products clinically proven to reduce the appearance of cellulite and achieve a visibly softer, smoother and firmer feel in just one session.

75 mins - €200



Massage & Body Therapy by Elemis

Enhancements:

Theragun Percussive Therapy
10 mins / €10

Muscular Relief Deep Tissue Massage

This is a vigorous workout for the body, perfect for alleviating high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your needs, ranging from muscle pain, stress relief, pure relaxation, or emotional balance. It's as effective as an hour's stretching but so much more nurturing.

25 mins / 55 mins / 85 mins - €85 / €150 / €180

Aroma-Infused Relaxing Massage

This lavish hydrating body massage is based on the concept of aromatherapy. The skin is treated with nourishing oils chosen to uplift the spirit, relax the senses, energise strength, or enhance inner calm, while a bespoke massage nurtures the skin in all its glory. The skin is left exquisitely moisturised, intensely supple, and deliciously scented.

55 mins / 85 mins - €140 / €170

CBD Grounding Massage

This massage helps ease inflammation, aiding the body's recovery and promoting overall relaxation. The CBD compound applied to the skin through the massage oil activates receptors in the brain which in turn stimulate the body's natural system that support the immune system and general well-being.

55 mins / 85 mins - €140 / €170

Frangipani Head, Neck & Shoulder Massage

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. It will either make you float like a butterfly or sting like a bee - you choose.

30 mins - €80

Hot Stone Back Massage

Balinese stones soaked in the intensely moisturising Frangipani Monoi Body Oil are rhythmically worked over the back area and deep into the muscles, releasing energy blockages in areas of tension. This is followed by a facial Gua Sha Massage which assists to drain any excess toxins and reveal the brightest skin you have ever had.

30 mins - €85

Massage & Body Therapy by Elemis & Ligne St. Barth

Enhancements:

Theragun Percussive
Therapy
10 mins / €10

Foot Massage with Eye Thermal Massage

This relaxing foot massage focuses on reflexology points, helping to ease fatigue and a feeling of heaviness from the base of your body. At the same time, we treat you to an Eye Thermal Massage using the Therabody Smart Goggles. It's the ideal treatment after prolonged sitting or standing and will leave you feeling overall lighter and more balanced.

30 mins - €85

Body Exfoliation

(choose between frangipani or lime & ginger essences)
Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells and leaving a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. The perfect choice to even out a suntan.

30 mins - €85

Elemis Cellutox Seaweed Detox & Cellulite Wrap

Detoxify and kick-start your body. Let your thoughts drift while cocooned in a comforting wrap of rich marine algae and detoxifying juniper and lemon essences. Enjoy a facial massage and a de-stressing scalp treatment or a soothing foot massage. This wrap can help refine the appearance of cellulite and relieve the discomfort of fluid retention.

75 mins - €140

Peaceful Pregnancy Massage

Tried and tested safe massage techniques are combined and adapted to each stage of pregnancy, relieving tension in the lower and upper back, as well as alleviating swelling of the hands and feet.

75 mins - €150

St. Barth Shell Chill-Out Massage

A relaxing body treatment with cold-pressed avocado oil relieves muscle tension, alleviates stress, stimulates tissue metabolism and lymph flow, as well as promoting blood circulation thanks to the calcium content of the shells, resulting in a firm, healthy skin texture.

55mins / 85mins - €150 / €180



Opening hours	Open daily 10:00 am to 8:00 pm
Reservations	For spa enquiries or reservations please press the “spa” button on your telephone display. Advance bookings are recommended to secure your preferred treatment time.
Prior to your visit	We recommend that you leave all jewellery and valuables in your room safe before coming to the spa. The spa will not be held responsible for valuables lost within the spa.
Arrival	Please arrive 20 minutes prior to your treatment to complete your health assessment form. You may even want to come earlier, to spend time in our relaxation area which includes a marble pool, a steam room, and a sauna. You will be provided with a robe and slippers to wear in the spa area, and a private locker will be placed at your disposal to store your personal belongings.
Consultation	Personal consultations are offered to determine your specific skin needs and to enable us to tailor your treatment experience or propose a more comprehensive spa schedule.
Late arrivals	Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in the event of your late arrival.
Cancellations	Please allow 12 hours' notice on individual treatments and 24 hours' notice on spa packages, after which 50% of the treatment price will be charged. Failure to keep your appointment will result in a 100% treatment charge.
While at Sana	Out of consideration for other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please also be aware of the volume of your voice.
After your treatment	We recommend that you do not sunbathe after any depilatory waxing for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.
Payment	For hotel guests, all treatments can be charged to your room folio and will appear on your final account at the time of your departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.
Children	While we love children, we recommend that you avoid bringing children under 11 years of age to the spa. Young guests between 12-17 years old are welcome to enjoy a selection of treatments under the supervision of a guardian.
Gym policies	For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.
Hygiene & safety	At the Myconian Spas we follow all necessary protocols and procedures to give you the peace of mind you need when enjoying a treatment in our facilities

DEOS



THE SET
COLLECTION

PANOPTIS ESCAPE



KYMA
AVATON



a member of
DESIGN HOTELS™

IMPERIAL
ROYAL



AMBASSADOR
UTOPIA
KORALI



VILLA COLLECTION
NAIA



www.myconiancollection.gr

